



## **Gerdi Verwoert – Dare Greatly Guide & Coach**

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A daring guide and coach, over the last 13 years Gerdi has guided many people both through mountains and towards leadership in their personal and professional lives.

Gerdi is known for her ability to listen deeply, her sharp mind and dry wit as well as her bold, no-nonsense coaching style. Clients commend her skill to hold space for them and help them design a life of purpose through reconnecting them with what is deeply important and meaningful to them. She has worked with people from all backgrounds and all levels: government, corporate, consultancy, project management, finances, tourism, teaching, coaches, etc.

She helps clients in 1-day coaching workshops, online coaching programs and on 3-day coaching treks. However, they experience the greatest benefits when they dare to boldly step away from everyday life and join her for a 5-day coaching and nature trek. Immersed in the quiet and vast beauty of mountains they disconnect from all that causes stress and find space and time to empty their minds. From a place of mental peace and clarity her clients are able to reconnect with themselves and rediscover their vision for life, business or both.

An adventurer at heart, Gerdi is passionate about taking her clients out of every day, stressful 'civilized' life and bringing them into nature. Personal experiences as well as those of her clients have taught her that taking timeout in nature, stepping back and looking at things literally from a different perspective will not only garner faster and greater results. It also provides enormous regenerative benefits for the mental and overall well-being of the client.

With a background in facility management and 20+ years of experience in consultancy and project management, Gerdi consulted with clients like Shell, Zwitserleven, Deloitte, several Dutch Provinces and Ministeries, Delft University of Technology (TU Delft) among others. While working as a freelance facility manager her clients included the Dutch National Bank, Radio Nederland Wereldomroep en Careyn.

In 2010 she moved from her native the Netherlands to Austria and has been reconnecting people with nature and themselves ever since.

A member of ICF Gerdi trained with the International Coaching Academy, has studied Neuro-Linguistic Programming, Transformational Coaching and is also a certified mountain hiking guide and ski instructor.

For further details: <https://daregreatlycoaching.com>